For Speech and Swallowing

1. Early symptoms of speech and swallowing to watch?
2. Time taken by patients to eat food in early stage ? What should raise alarm
3. What are Tongue changes and oral cavity changes in ALS patients ?
4. How to improve oral muscles strength ? Please share audio or video links
5. OM rendition – audio/video links ?
6. How to adapt to speech changes ? Should they speak slowly ?
7. Consistency of food that can help in swallowing ?
8. What foods are not suggested ?
9. PEG Feeding / Ryle’s tube – You can give details
10. Any web links that new patients should read ?